

Lambertville Public School

South Hunterdon Regional School District
September 2017 Lunch Menu

Farm Fresh Produce will be available from September 25th through the 29th.

Look out for the Jersey Fresh Symbol on the lunch line!

Local produce decreases the food miles from the farm to your cafeteria.

Local fruits and vegetables are in season and taste great!

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.85
Reduced Lunch	\$0.40
Adult Lunch	\$3.90

Maschio's Swap Outs

Monday: Turkey & Cheese or Ham & Cheese Sandwich

Tuesday: Chicken Caesar Salad Wrap or Salad

Wednesday: Turkey & Cheese or Ham & Cheese Sandwich

Thursday: Chicken Caesar Salad Wrap or Salad

Friday: Tuna Salad on a Croissant or Chicken Sandwich

Maschio's Swap Outs Available Daily

Yogurt Meal with Pita
Fruit & Cheese Platter with Pita
Peanut Butter & Jelly Sandwich

Connect with us!   



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	We Hope You Enjoyed Your Summer Vacation!			1 School Closed
4 Labor Day School Closed	5 Welcome Back! Crispy Chicken Sandwich Freshly Prepared Tomato & Cucumber Salad with Fresh Basil Watermelon Sorbet	6 Nicola's Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit	7 Breakfast for Lunch French Toast Sticks Breakfast Sausage Sweet Potato Tots Fresh or Chilled Fruit	8 Meatball Parm Sandwich Smile Fries Fresh or Chilled Fruit
11 Chicken Nuggets Soft Pretzel Stick Fresh Veggie Dippers Fresh or Chilled Fruit	12 Taco Tuesday Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa Steamed Rice Black Bean and Corn Salad Fresh or Chilled Fruit	13 Lucky Tray Day Nicola's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit	14 Hamburger or Cheeseburger on a Bun French Fries Fresh or Chilled Fruit	15 Macaroni & Cheese Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit
18 Popcorn Chicken with Dipping Sauces Buttered Noodles Carrots Fresh or Chilled Fruit	19 Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	20 Nicola's Pizza Fresh Veggie Dippers Fresh or Chilled Fruit	21 School Closed	22 Pasta with Meat Sauce Warm Garlic Breadstick Green Beans Strawberry Applesauce
25 Grilled Chicken Sandwich with Lettuce & Tomato Locally Grown Fresh Veggie Dippers Seasoned Potato Wedges Fresh or Chilled Fruit	26 Johnny Appleseed Day Grilled Cheese Sandwich Tomato Soup Freshly Prepared Garden Salad Locally Grown Apple	27 Nicola's Pizza Freshly Prepared Italian House Salad with Locally Grown Tomatoes Fresh or Chilled Fruit	28 Pasta Alfredo with Locally Grown Roasted Vegetables Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	29 Corn Dog Nuggets Baked Beans Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit

Jersey Fresh Farm to School Week

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: (609)397-0838

Lunch Money On Account
ON LINE MEAL PAYMENTS! www.payforit.net

OR
Send In An Envelope With Student Name, Grade & School
Attention 'Food Service'

Checks or Money Orders payable to:
South Hunterdon Regional School District

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"