



Get a Healthy Start to Your Day with School Breakfast!

Available Daily:
Assorted Cereals with Graham Crackers or Cheese Stick Assorted Fruit, 100% Juice Selection, and Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!



MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
HAPPY HOLIDAYS			1 Bagel Bag Meal with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	2 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
5 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	6 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	7 Peaches and Cream Waffle Dunkers Assorted Fruit 100% Fruit Juice Milk Selection	8 Bagel Bag Meal with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	9 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
12 Breakfast Basket Cheese Stick with Fresh Grapes and a Whole Grain Muffin Assorted Fruit 100% Fruit Juice Milk Selection	13 'Warm' Cherry Filled Strudel Assorted Fruit 100% Fruit Juice Milk Selection	14 Turkey Bacon, Egg and Cheese on a Bagel Assorted Fruit 100% Fruit Juice Milk Selection	15 Bagel Bag Meal with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	16 Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
19 PB&J Uncrustable Assorted Fruit 100% Fruit Juice Milk Selection	20 Muffin Bag Meal with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	21 First Day of Winter Peaches and Cream Waffle Dunkers Assorted Fruit 100% Fruit Juice Milk Selection	22 Bagel Bag Meal with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	23 Half Day Cereal Bar with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection
26 Enjoy your Winter Break & Have a Happy New Year! 27 28 29 30				

Nutrition News:
 During the cold winter months it is important to remember to stay on track with your healthy habits. Be sure to continue to eat well-balanced meals, get moving either inside or outside (be sure to dress warmly), and get enough sleep. By practicing these healthy habits you will feel energized for the cold months ahead!

Student Breakfast \$1.85
Adult Breakfast \$2.55
Reduced Breakfast



Please Visit: www.maschiofood.com

Check us out on Facebook : Maschio's Food Services, Inc.
 Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: (609)397-0838

Lunch Money On Account
ON LINE MEAL PAYMENTS! (Coming Soon) www.payforit.net
OR Send In An Envelope With Student Name, Grade & School Attention 'Food Service'

Checks or Money Orders payable to: South Hunterdon Regional School District

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"