

**Lambertville Public School**  
**South Hunterdon Regional School District**  
**June 2017 Breakfast Menu**



Healthy Meals Grow Healthy Kids!

**wake up!**  
 School Breakfast

**Get a Healthy Start to Your Day with School Breakfast!**



**Available Daily:**  
**Assorted Cereals with Graham Crackers or Cheese Stick**  
 Assorted Fruit, 100% Juice Selection, and Milk Selection

**Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!**

**Nutrition News**

**June is National Dairy Month!**  
 Dairy foods help keep our bodies healthy by providing us with nine essential nutrients such as calcium and vitamin D. Vitamin D helps our bodies absorb calcium. Did you know, our bodies can make vitamin D from exposure to sunlight! Calcium and vitamin D make our bones and teeth strong! Aim for three servings of dairy a day (milk, yogurt, or cheese). Don't forget to select a cold low-fat milk with your lunch!

**Student Breakfast \$1.85**  
**Adult Breakfast \$2.55**  
**Reduced Breakfast \$0.30**

**Please Visit: [www.maschiofood.com](http://www.maschiofood.com)**

**MASCHIO'S MAIN EVENT**

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>FUN and SUN</b> 			<b>1</b> <b>Bagel Bag Meal with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>2</b> <b>Cereal Bar with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection
<b>5</b> <b>PB&amp;J Uncrustable</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>6</b> <b>Muffin Bag Meal with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>7</b> <b>Turkey Bacon, Egg and Cheese on a Bagel</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>8</b> <b>Bagel Bag Meal with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>9</b> <b>Cereal Bar with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection
<b>12</b> <b>Breakfast Basket</b> Cheese Stick with Fresh Grapes and a Whole Grain Muffin Assorted Fruit 100% Fruit Juice Milk Selection	<b>13</b> <b>Muffin Bag Meal with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>14</b> <b>Turkey Bacon, Egg and Cheese on a Bagel</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>15</b> <b>Last Day of School! Half Day</b> <b>Bagel Bag Meal with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection	<b>16</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>

*enjoy your*  
**Summer Vacation!** 

**f** Check us out on Facebook : **Maschio's Food Services, Inc.**  
 Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
 Or Call Maschio's Food Services at: (609)397-0838

**MENU SUBJECT TO CHANGE**

**Lunch Money On Account**  
**ON LINE MEAL PAYMENTS! (Coming Soon) [www.payforit.net](http://www.payforit.net)**  
**OR** Send In An Envelope With Student Name, Grade & School  
 Attention 'Food Service'

**Checks or Money Orders payable to:**  
**South Hunterdon Regional School District**



"This institution is an equal opportunity provider"