



Lambertville Public School

South Hunterdon Regional School District
May 2017 Lunch Menu

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers,

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.85
Reduced Lunch \$0.40
Adult Lunch \$3.90

Maschio's Swap Outs

Monday: Turkey & Cheese Sand or Ham & Cheese Sand

Tuesday: Chicken Caesar Salad Wrap or Salad

Wednesday: Turkey & Cheese Sand or Ham & Cheese

Thursday: Chicken Caesar Salad Wrap or Salad

Friday: Tuna Salad on a Croissant or Chicken Sand.

Maschio's Swap Outs Available Daily

Yogurt Meal with Pita
Fruit & Cheese Platter with Pita
Peanut Butter & Jelly Sandwich



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	2 Macaroni and Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 New Item! Nicola's Pizza Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day	4 STAR WARS DAY! Grilled Cheese and Ham Solo Sandwich Vader Tater Tots Galaxy Swirl Sorbet	5 New Items! Waffles with Warm Berry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit
8 China Sweet and Sour Chicken over Rice Broccoli Mandarin Oranges	9 Mexico Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Rice Steamed Corn Fresh or Chilled Fruit	10 Italy Nicola's Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit	11 America Hamburger or Cheeseburger on a Bun Sweet Potato Crinkle Fries Home-Style Apple Crisp National BBQ Month	12 Germany All Beef Frankfurter on a Bun Potato Wedges Applesauce
15 Chicken Nuggets Dinner Roll Vegetable Medley Fresh or Chilled Fruit	16 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit	17 Lucky Tray Day! Nicola's Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit	18 Student Menu Samantha's Cheeseburger Ben's Beans James' Oranges Fresh or Chilled Fruit	19 Meatball Parm Sub Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit
22 Popcorn Chicken Confetti Rice Steamed Carrots Fresh or Chilled Fruit	23 Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	24 Nicola's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit	25 BBQ Roasted Chicken Smile Fries Fresh or Chilled Fruit	26 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit
29 Memorial Day School Closed	30 Cheesesteak Sandwich with Peppers and Onions Battered French Fries Fresh or Chilled Fruit	31 Nicola's Pizza Tossed Salad Fresh or Chilled Fruit	Celebrate World Food Week!	

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

MENU SUBJECT TO CHANGE

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: (609)397-0838

Lunch Money On Account
ON LINE MEAL PAYMENTS! (Coming Soon)
www.payforit.net OR
Send In An Envelope With Student Name, Grade & School
Attention 'Food Service'
Checks or Money Orders payable to:
South Hunterdon Regional School District



"This institution is an equal opportunity

Check us out on Facebook : Maschio's Food Services, Inc.