

WHERE

Lambertville Public School

**200 North Main Street
Lambertville, New Jersey 08530**

LPS Bike Day

This event will provide students with a chance to learn about and practice, safe bicycling skills in a controlled environment.

The Bicycle event will include:

- A Pre-Ride Bicycle Safety Check
- Seat Height and Bike Sizing
- A Helmet Fitting
- Skill Drills on Bicycle Handling
- **Please note after school bike drop offs must occur in faculty parking lot (left of courtyard) or bikes should be walked to school.**



TIME

3:30pm-5pm

Hosted by: LPS PTA

DATE

Friday, May 26, 2017

For more information contact:

Jami Arbizu (609) 532-6091 or Jhissim@comcast.net



Bike Day Information

Permission Slips must be submitted by Wednesday, May 24, 2017

In order for your child to participate in this event, your child must bring:

- **A Helmet** (mandatory)
- **Appropriately-sized bicycle; in good repair, ready to ride, without training wheels**

(If they are on training wheels, they can participate, but most of the ride drills won't apply to them: balance, handling etc.)

Bike Size

A bike is the right size if your child can stand flat-footed with 1-2 inches of clearance between the top bar and themselves (3-4 inches for a mountain bike).

We can make small adjustments at the event, but the bike should be near this size. Trick bikes and step-through bikes fit differently.

